

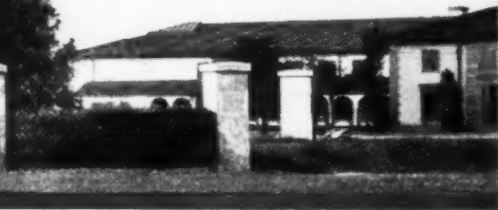
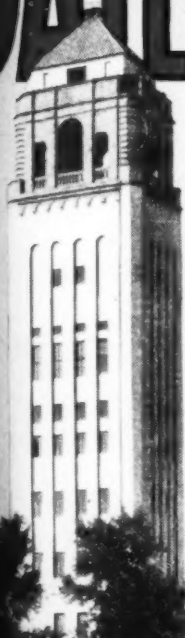
NOVEMBER, 1941

15 CENTS

# DAILY WORD

A  
**UNITY**  
*Publication*

FOR EACH NEW DAY...THE RIGHT  
WORD FOR YOUR INSPIRATION



# Class Thoughts

October 20 to November 19

Daily at 11 a. m. join us in this thought  
for spiritual illumination:

As the darkness of mortal thought disappears  
I see the light of Spirit.

At high noon each day concentrate your attention  
on this thought for prosperity:

I rest in the consciousness of omnipresent, all-  
providing substance. I thank Thee.

At 9 p. m. each night let us acknowledge the healing power  
of Spirit with this prayer:

The deceptions of the flesh are dissolved. The  
health of the body of reality appears through  
Christ Jesus.

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We also publish *Good Business, Prog-*

*ress, Wee Wisdom, Unity, Weekly Unity, and Unity Sunday School Leaflet* at \$1 a year each.

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Silent Unity, the healing department of Unity School, is happy to minister to every person desiring help through prayer. Address Silent Unity, 917 Tracy, Kansas City, Mo. Compensation is by love offering.



# DAILY WORD

Vol. 35

NOVEMBER, 1941

No. 5

EDITED UNDER THE SUPERVISION OF SILENT UNITY

Stately and tall, as pictured on the cover of DAILY WORD, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

## THANKS

*Elizabeth Barr Haas*

As humbly and as proudly on this day  
As tall-spined cornstalks yield their honest  
grain,

Or autumn meadows offer gifts of hay  
In rich return for sun and silver rain;  
As naturally as apple trees yield down  
Their spicy loads, Winesap and Jonathan,  
Or as the maples loose their gold and brown  
To float down lightly in the wind and sun—

I offer thanks. My harvest song replete  
With dawn and dew and every summer flower:  
My grateful gift, dear Father, for the sweet  
And golden blessings hidden in each hour.

I must be watchful lest the hills and sky,  
The fields, the trees, should praise You  
more than I!

## *The Eternal Stands*

CARY THOMAS

**D**ID YOU ever stop to think what would happen if there were no fear, no fear at all in the world? We seem to find so many things to fear: sickness, poverty, lack of friends. Sometimes it almost seems that we go out of our way to hunt up things to be afraid of.

In some such mood, restless and troubled in mind, I picked up my Bible one day to look for something to hold to, some sort of anchor. I found it in the 93d Psalm—somehow the Psalms hold the answer to most of life's problems. Listen:

"Thou hast steadied and settled the world, thy throne stands firm from of old . . .

High above . . . the Eternal stands supreme."

Steadied. Settled. Firm. It did something to me. That was it. What did I, what does anyone need but just that, the steadying hand of God?

I like that word "steadied." It holds so much meaning. When a thing is steadied, it is stable, constant, unchangeable, sound. It starts me thinking of a world that God has steadied and settled; then of what I can do in the steadying process.

In my own little world I can get right to work and help. If we, you and I, can steady and settle our individual world, we shall have taken a long

step toward world stability and equilibrium.

Co-operating with God, we can do just that!

Think of it! What if every single individual would try, really try, to steady and settle his own life, right where he is now. What if only the church members would try, or if just the Truth students would try! It seems to me that the impact of the thoughts and acts of these persons, even the smallest group, would be felt around the world.

As this line of thought presented itself, I seemed to run across so many ideas in the Bible akin to it. There is the verse we know so well: "There is no power but of God."

No power but of God!

Let us stop a moment and think about that. Let us quiet adverse thoughts, still them for a little.

Now, there is no power but of God.

Believe it. Just be quiet, and believe it. That is our part, to believe, and to leave the working out of things to God who is all power.

"Be not . . . shaken in mind, or be troubled," we are told, and many times Jesus said, "Fear not." He knew the human mind so well. Fear not! Is not that message for us too?

How are we to stop being afraid? The best way I have found, the only way, is to center the attention upon God and wait. Our individual part is

the calm, untroubled waiting. It is called faith. God's part is the doing.

Can we trust Him to do His part?

"But high above . . . the Eternal stands supreme."

Over all our mistakes, over all the misunderstandings and discord and fear, the Eternal stands.

The Eternal *stands*. The present tense. Not back in Bible times, not in the future: now.

God, all power—for "there is no power but of God"—stands supreme. He stands firm, steady-ing, settling all our affairs.

"Have no fear, stand firm and watch how the Eternal will deliver you to-day."

Let us turn them over to Him, all the fears and failures and bewilderments. Let us wait calmly and quietly for the steady hand of God.

\*\*\*\*\*

## *Thanksgiving*

MYRTLE VORST SHEPPARD

I will lift up my heart today  
In thanks for Truth that lights my way,  
For wisdom, and for beauty rare,  
For God's all-knowing care,  
For faith and hope and charity,  
For heavenly love surrounding me!

## *Silent Unity's Word to You:* *Meditation*

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SILENT UNITY receives letters from many friends who say that they do not understand what is meant by meditation, or that they have not learned how to meditate effectively. First let us remember that meditation is nothing mysterious or difficult. Meditation is simply a consideration or contemplation of certain spiritual truths while the thoughts of the mind are stilled to other activity.

Jesus Christ emphasized the importance of frequent meditation. He often went into places of solitude for communion with the Father. Silent Unity too spends much time in silent prayer and communion. Besides the special group prayer services conducted daily, every worker devotes a period of time each day to solitary meditation.

When you are ready to begin your period of meditation, choose a comfortable chair in which you can fully relax your body. Sit down and become quiet, close your eyes and ears and your senses to everything, except the fact that God is present in you. Put out of your mind all thought of the day's problems. Say to all disquieting

thoughts, "Peace, be still," until you are perfectly relaxed and peaceful in mind, body, and soul.

At first you may have to make a definite effort to "feel inward," that is, to become aware of the Christ Spirit in you, but the more quiescent you become in His presence the greater will be your realization. After a few moments of complete mental and physical stillness you will be aware of the light of Spirit flooding your consciousness, inspiring your mind, uplifting your soul, and blessing you with wonderful new ideas. The more earnestly you seek the presence of Christ in you and reflect on His nature during these periods of silence the greater will be your peace, the more satisfying your revelation, and the more profitable the time you spend in meditation.

The purpose of meditation is to release our latent forces, to call into activity our spiritual powers, to lift our thoughts until we are aware of our complete oneness with the Infinite. Meditation is the practical means by which we fulfill the command of Jesus Christ "Seek ye first his kingdom," which is deep within our own being. We meditate in order to become more fully acquainted with our true self, the Christ Spirit indwelling in us, and because we desire to hear the "still small voice," God's word of counsel.

God cannot speak to us until we are ready to



listen, until we have emptied our mind and heart of all the disturbing thoughts that may be clamoring for attention. As we subject all our thoughts to the love, peace, faith, and joy of Christ they are lifted up and transformed by His Spirit in us.

We do not meditate to gain power and success in material things but to gain spirituality and a deep understanding of Being, the acquiring of which gives a new meaning to the concepts of power and success. However it is a noticeable fact that we experience increasing good in our life and affairs in proportion as we become aware of our Christ self and live from within outward. We cannot long practice prayer or meditation and spiritual living without seeing our new way of life result in greater material blessings.

Experience has proved that there is a definite healing force released through meditation. You cannot sit in quiet reverence before the throne of the indwelling Christ without feeling the life that pulses from it to every part of your being. Neither can you bring into the silence with you any problem that has eluded solution or any situation that needs harmonizing without receiving divine guidance, help, and inspiration to handle it in such a way that you and any others who are concerned will be blessed. Truly meditation is healing.

The results that we obtain from meditation are

always dependent upon the strength and sincerity of the affirmations we make during this period of deliberation. We make affirmations so that our consciousness may be lifted to behold in manifestation whatever we affirm. After we have made positive, constructive statements to quicken our awareness of good, we must then follow through by doing whatever seems indicated in the outer to bring our words into fulfillment.

We can always trust God to do His part when we do ours. Our prayers are answered, our good is revealed, our blessings come in abundance when we make ourselves, our thoughts, our very being one with God, the source. Whatever we harbor in the innermost recesses of our being, what we think, feel, and affirm will inevitably, by the unfailing law of creation, take shape in our outward life. "Thou shalt also decree a thing, and it shall be established unto thee."

When we have prayed for and affirmed something that we need or desire, we should immediately thank God for it just as if it were already ours, as indeed it is in Spirit. In acknowledging and rejoicing that our prayers are answered, we can do no better in closing our meditation than to use the words of Jesus: "Father, I thank thee that thou heardest me. And I knew that thou hearest me always."

## Consecration Service for Peace

*The following excerpts from Silent Unity's 1941 Consecration Service for Peace are given here for the benefit of all who wish to join us in these prayers for peace.*

IT IS NOT enough to recite peace prayers and then say and do things that cause inharmony in the home, place of business, or neighborhood. Grumbling, letting down personal standards, spreading rumors, and holding bitterness and hate serve only to fan war.

Do you want peace? Pray then, but carry over the spirit of your prayers into your life. Go forth . . . smiling, speaking words of cheer, cherishing beauty and high ideals, helping others. Let yours be a spirit of tolerance and co-operation, of willingness to share in the common responsibilities.

Then whatever place you are in will become a place of peace, everyone near you will be lifted up, and you will bless the world with a peaceful spirit. . . .

Today we are reshaping the thought of the world. We are setting in motion a force that can resolve the present chaos into a perfect peace. . . .

We are not alone.

We are one with all students of Unity everywhere. We are one with the millions of people all over the earth who are praying too. We are one with the spirit of progress that has so long sustained men and impelled them forward, lifting them up toward the consummation of their brotherhood and the peace of God. We are one with life. We are one with all that is beautiful and noble and kind and joyous. We are one with Christ. We are one with God. . . .

Let us consider this faith we practice:  
We believe in the fatherhood of God.  
We believe in the brotherhood of man.  
We believe in a free society, built on the co-operation  
of the people who compose it.

We believe that all men are created with equal and  
unlimited opportunities.

We believe that the rightful heritage of men is the  
heritage of children of the living God, peace, plenty,  
justice, and liberty.

We believe in the ultimate victory of right.

We believe in neither caste nor class nor race, but  
in one God, one humanity, one law, one future, one  
truth. . . .

### *AFFIRMATION OF FAITH*

This is our faith, Lord: We have faith in Thy  
Spirit in man. . . .

Force can never conquer a calm, clear mind, a firm  
purpose, steadfast courage, and faith in the outwork-  
ing of the good. The love of liberty will always  
overthrow oppression. The valiant of spirit will rise  
triumphant even over death. . . .

We shall put down fear with faith, brutality with  
brotherhood. . . . Heart will not falter until the  
light has been lit again.

It will be war, not civilization, that is destroyed.  
It will be ignorance, not humanity, that dies. There  
will arise a Christian commonwealth of nations where  
men will live together in fellowship and understand-  
ing, working for the common good.

We keep the faith with Thee, O Lord, to whom  
the ultimate victory belongs. Amen.

"How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth peace."

*(Let this be your constant sincere prayer:)*

*O heavenly Father, let there be peace on earth, and let it begin with me.*

\* \* \*

Prayer works. We know that it works. We have received letters from people in the warring countries reciting what might be termed miraculous deliverances through prayer and expressing a firm belief in the coming of a just and lasting peace.

Sometimes a person borne down by appearances feels that his prayers are ineffectual. But the truth is that prayer is mightier than armaments. Bombs may blast through steel and concrete, but no force can storm the citadel that is raised by prayer.

Our prayer will keep us in perfect peace and will go forth to seek out those who are afraid and bring assurance and protection. . . .

Archimedes told the Greeks that if he only had a fulcrum on which to rest his lever he could move the world. We who are Truth students can move the world, for we have both a lever and a fulcrum. The lever is prayer. The fulcrum is God. With human hands we cannot move the stone of hate and selfishness and fear, but with the lever of prayer turning on the fulcrum of God we can move the world itself.

Let it be with full faith in the divine power that rests in us that we declare for the whole world:

*Yea, though we walk through the valley of the shadow of death we will fear no evil, for God is with us to defend and to deliver us.*

What is important is that we today have faith in ourselves, our humanity, and our God.

This is no time for depression and fear. It is a time for vision and faith. . . .

Today a time for doubting? There never was a time when there was more reason for optimism than today. Today man's opportunities are greater than those of any previous generation. . . .

Even as regards war itself, we have seen the nations get together and try to mediate their problems. The effort failed, but new and more successful attempts are sure to be made, for everywhere we see people praying for peace, planning for peace, determined to have peace.

Above all, we see men awaking to their own divinity. All over the world they are learning that they have access to infinite wisdom, power, and love, for they are learning the truth that God is in them and that they are sons of God. They are learning that God's help is instantly available. What this means for the future of the race can scarcely be conjectured. But certainly we are on the threshold of a new era in human progress. As man has already progressed materially, so we are now going to witness mental and spiritual progress.

Doubt and defeatism? Rather faith and thanksgiving. No man or combination of men can overthrow this civilization. Look about you at what mankind is achieving and you will have no doubt as to where it is going. Mankind is going forward.

Men are being set free—from toil, from poverty, from disease, from superstition, from war, above all, from their own limitations. Men are achieving their heritage as sons of God. We are members of a great race, a great brotherhood. Let each one of us in his heart declare:

"I am proud to be a member of a progressive human brotherhood. I have risen through centuries of darkness toward the light, through centuries of brutality toward humanity. Now I have faith in my divine destiny.

"Gaining new powers, material and spiritual, I press forward toward a surer freedom, a larger justice, a kindlier way of life.

"I am a son of the living God." . . .

Wars do not go on forever. Conquerors and kings appear and in a little while are dust. Recurring spring soon greens the fields they fought upon. Soon this present fighting will be over and the lights will go up again in the cities and in the hearts of men.

Again there will be hearts leaping up at a rainbow or a bird song. Again there will be laughing children in the streets. The plowing in the spring and the autumn reaping will seem good. There will be quiet firesides to sit by of an evening. There will be men to dream and devise, to build, knock down, and build again a little better.

There will be love and beauty and faith and growth—tomorrow, a week from tomorrow, a year, a century, a hundred centuries, always—there will be singing blood and thoughts of glory and youth setting out in a restless dawn to seek the unattainable and find it, to attempt the impossible and achieve it. The truth will endure, and the vision, and the men to carry the light forward, to push out bravely against the darkness toward the shining city of God.

*(Join Silent Unity faithfully in affirming:)*

*Liberty, justice, righteousness, and peace are now established throughout the world, in the name of Jesus Christ.*

# Saturday

NOVEMBER 1

I REJOICE IN THE POWER OF CHRIST IN ME  
TO BLESS EVERYTHING AND EVERYBODY IN  
MY WORLD.

THE WORD bless means "to consecrate," "to make holy by religious thought, word, or rite," "to praise or extol." Thus when we send out a thought or word of blessing we are releasing the most powerful forces of our being, the forces of Christ that lift up and give new life to the person or thing blessed. The nature of blessing is such that it always brings good to the one who blesses as well as the one who is blessed.

In order that our blessings may be wholly effective our vision must be lifted above all that is unlike the Christ and centered upon His Spirit, which abides in all persons and things in the world. We must praise, extol, and glorify that Spirit until it actually becomes manifest.

God has given us many good things, and we ought daily to bless Him and His gifts to us. Let us for the next thirty days give thought to some of our good gifts, and make the entire month of November a time of praise and blessing.

✿ *Thou art now the blessed of Jehovah.*—GEN. 36:29.



# Sunday

ME  
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I AM CONTINUALLY INFOLDED IN GOD'S  
LOVE, AND I BLESS HIM FOR HIS CONSTANT  
CARE OF ME.

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GOD IS always as close to me as my own thoughts. Conscious of His presence, I cannot know fear, weakness, lack, or limitation in any form. Infolded in His love, I am always strong, well, courageous, free, prosperous.

I realize my divine sonship in God and rejoice in my spiritual identity. Through Him I am heir to all the good in the universe, and I joyously accept and use what is mine in Spirit.

I bless God for His constant loving thought toward me. I bless Him for His easy accessibility. I turn to Him through prayer and meditation and immediately receive guidance, strength, comfort, and help in every need.

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My Father has designed a life for me that is overflowing with blessings, and He lives, moves, and works through me so that His holy purpose may be fulfilled. I express God only in all that I think, say, and do.

36:29.

\* *Every day will I bless thee; and I will praise thy name for ever and ever.*—PSALMS 145:2 (A. V.).

# Monday

NOVEMBER 3

I BLESS MY WORK AS THE CHANNEL THROUGH WHICH I SERVE GOD AND MANKIND, AND HE PROSPERS ME IN ALL THAT I DO.

“THIS is my work; my blessing, not my doom,” sings the poet. He also says that of all who live he is the one by whom his work can best be done in the right way. It is with the poet's attitude that I approach my work and do it to the glory of God. At the present time I am doing what God has divinely appointed me to do, and I am happy in the service I am rendering. When He appoints a larger work for me, I shall accept the challenge of it with joy and confidence and prove myself worthy of the greater trust.

Everything in connection with my work is in divine order. My surroundings are pleasant, my co-workers harmonious, and my salary in accord with my service.

I bless my work as the means by which I serve God and His children. I work cheerfully, willingly, and co-operatively, and I am prospered.

✿ *For God is not unrighteous to forget your work and labour of love.*—HEB. 6:10 (A. V.).

*Tuesday*

I BLESS MY HOME AS A PLACE OF PEACE, JOY,  
COMFORT, AND PLENTY.

**M**Y HOME is the outpicturing of my rich consciousness of beauty and good. I am in my right location at the present time, using the things that belong to me by divine right. Should I want to refurnish or remodel my home, or change my residence, I increase my consciousness of God's abundant supply, and my good is revealed to me.

I bless everything in and around my home with the thought of love, peace, joy, and plenty. I praise my home for its comforts, conveniences, and other benefits. My home draws to it only the persons who love and appreciate it and who respond to its atmosphere of quiet contentment.

There is only one presence and one power in my home, the presence and power of God. All who enter my door feel His loving presence and are awakened to a new sense of companionship with Him. God Himself blesses, uplifts, and accompanies all who enter His holy dwelling place.

✿ *This is none other than the house of God.—GEN. 28:17.*

# Wednesday

NOVEMBER 5

I BLESS MY FAMILY, FRIENDS, AND ASSOCIATES WITH THE THOUGHT OF DIVINE LOVE, HARMONY, FREEDOM, AND UNDERSTANDING.

I DO NOT envy others or covet their possessions. I know that there is enough happiness and material good in the world for everyone to have plenty. All the advantages and blessings that others have are my advantages and blessings also, for we are one in Spirit. I rejoice in all the good that comes to my family, friends, and associates.

It is my joyous privilege to make of my heart a channel of blessing to all persons in my world. I believe in divine love, harmony, freedom, and understanding, and I radiate these qualities to others. There is no one in my experience that I cannot include in my thoughts of peace, helpfulness, and good will. Whatever blessing I desire for myself I desire also for others, for I am eternally one with every child of God. I am in harmony with all people, therefore all my relations are harmonious and divinely ordered.

✿ *By this shall all men know that ye are my disciples, if ye have love one to another.*—JOHN 13:35.

## Thursday

MY ENVIRONMENT IS GOD. I REJOICE IN HIS  
HOLY PRESENCE EVERYWHERE.

ENVIRONMENT and circumstances can affect us only as we allow them to do so. How often we have seen a strong, courageous person rise out of trying circumstances and an unpleasant environment and create for himself beautiful new surroundings and a new set of circumstances that contributed bountifully to his good.

Man is now and always will be a cocreator with God. God creates man and everything in the world necessary to man's welfare. It is the part of man to make his own environment, to create his own good out of the materials at hand. These materials are God's life, love, wisdom, joy, and substance, and a knowledge of the law of how to use them rightly.

Realizing that "the kingdom of God is within," I resolve now to make it appear in my outer world. I know and affirm that my environment is God. I bless His holy presence everywhere, and I rejoice to see His good established in my life.

☛ *Thou hast made the Most High thy habitation.*  
—PSALMS 91:9.

## Friday

NOVEMBER 7

I TRUST IN THE LAW OF DIVINE JUSTICE, AND  
GOD BLESSES ME WITH INFINITE GOOD.

**B**ACK OF every experience or condition in life is a thought, word, or action, or a combination of these, that brought the experience or condition into manifestation. There is no such thing as injustice at work in the world. What seems to be an injustice is but the misapplication of divine law.

There is only God's law of divine justice, and it works continually and relentlessly. Since God is love, His law is not intended to make us suffer, but is intended to bring abundant good into our life. It will unfailingly do so as we learn to operate in accord with it.

We are always compensated according to what we have invested in our consciousness. Therefore it is good judgment to put out of the mind all fear of being treated unjustly, all thoughts of criticism, faultfinding, and suspicion, to give up all secret grudges, and to "judge righteous judgment" continually.

✿ *There is no God else besides me, a just God.*—ISA.  
45:21.

# Saturday

IN THE NAME OF THE CHRIST I BLESS MY  
LIFE AND AFFAIRS WITH THE THOUGHT OF  
DIVINE ORDER AND SUCCESS.

I LOVINGLY place all my affairs under God's law of divine order and success. Things, activities, people, circumstances, everything that touches my life in any way, I leave to the keeping and guidance of the Almighty.

Because I have complete trust in God, He works through me to transform confusion into peace, disorder into harmony, ugliness into beauty, illness into health, and lack into plenty.

I AM, my indwelling Christ, is in absolute control of my life and affairs, therefore only peace, order, and harmony can reign.

I affirm with all confidence: "I am life, I am substance, I am beauty, I am joy, I am wisdom, I am love, I am peace, I am plenty"; and my life is blessed immeasurably by what I decree. In the name of the Christ I declare that I am the all-conquering, triumphant son of God, master of my affairs and everything that concerns me.

✱ *The Lord is faithful, who shall establish you.*—II  
THESS. 3:3.

# Sunday

NOVEMBER 9

I REJOICE IN THE BLESSED PRIVILEGE OF PRAYER. I TURN CONSTANTLY TO GOD FOR HELP, AND HE ANSWERS MY PRAYER.

PRAYER is a normal, natural function of the mind and heart in turning to God. Prayer that is scientific reveals the absolute Truth to man and lifts him out of bondage, lack, suffering, and limitation. Prayer is the means by which any man may discover and enjoy the blessings of God. Prayer fits into any life and becomes a vital part of it if practiced faithfully. Through prayer we have access at any time and any place to God our Father, our illimitable source of good. Prayer is a constructive habit of thought leading to life eternal, true happiness and prosperity.

I rejoice in the divine privilege of communicating with God directly, turning to Him wholeheartedly, and trusting Him entirely. I seek Him in the sacred temple of my inner being, where only faith and peace and beauty abide. He responds joyously and lovingly, and blesses me with everything I ask or desire.

✿ *Evening, and morning, and at noon, will I pray . . . and he shall hear my voice.—PSALMS 55:17 (A.V.).*



I ACCEPT TODAY AS MY BIG OPPORTUNITY TO EXPRESS GOD, AND I BLESS THE PRESENT MOMENT FOR THE GOOD IT BRINGS TO ME.

I ACCEPT today as a new beginning, and I bless the present opportunity I have for thinking, acting, and living the Christ life. Yesterday with its triumph or defeat, its joy or sorrow, its success or failure is gone. I seize the present with a confident spirit, and with Christ as my guide and inspiration I live every moment of today fully, joyously, and gloriously.

I decline to let anything un-Christlike mar the beauty and perfection of this day. I rejoice in every bit of loveliness it brings to me. I give thanks for my blessings even before they appear, and they are made manifest with speed and order.

Today my biggest opportunity to know and to express God comes to me, and I consecrate myself unreservedly to this purpose. The present moment brings me closer to Him in consciousness than I have ever been. My life henceforward will be better, wiser, richer, and more glorious because of today's realization of God's presence.

☛ *To-day is a sabbath unto Jehovah.*—EXOD. 16:25.



# A Song of

Priscilla

All praise to Thee, Thou blessed Lord,  
Whose presence everywhere  
Hallows all of earth and heaven  
With peace and reverence rare.  
All praise to Thee, Thou loving one,  
In whom all love resides,  
Whose tenderness fills every soul  
That in Thy love abides.

All praise to Thee, Thou source of life,  
Whose healing wings arise  
To banish all inharmony  
That error thoughts devise.  
All praise to Thee, Thou joyous one,  
Thou wellspring of delight,  
Who maketh all things new and glad,  
Who blesseth day and night.



# Thanksgiving

scilla rennen.

d Lord,  
All praise to Thee, Thou wealthy one,  
Eternal substance fair,  
Whose essence man molds into good  
By his most earnest prayer.  
All praise to Thee, Thou gracious one,  
Whose mercy faileth never  
To strengthen and uplift the weak  
And make them strong forever.

e of life,  
All praise to Thee, courageous one,  
Whose spirit men express  
Through gallant minds and hearts and hands  
In deeds of lovingness.  
All praise to Thee, Thou lord of all,  
Whose glory we can see  
In everything that Thou hast made.  
We come to worship Thee!



# Tuesday

NOVEMBER 11

I BLESS THE WORLD AND ITS PEOPLE WITH THE THOUGHT OF PERFECT PEACE IN CHRIST JESUS.

“**T**HERE IS one thing that is mightier than armies, and that is an idea when its time has come,” said Victor Hugo. The time has come for the idea of peace to be established in the world.

Wherever thinking, consecrated people get together they are voicing an earnest desire and sincere prayers for lasting peace. The God of the universe is preparing the hearts of men and nations for a great era in which brotherly love, united progress, and prosperity shall be the rule.

I bless all social, racial, political, and economic factions in the world with the thought of tolerance, mutual consideration, and good will. I bless the government officials in my country and all other countries with divine wisdom and spiritual guidance. I rejoice that the God of love and understanding is in control of things and that the time of peace is now here.

✿ *The land was wide, and quiet, and peaceable.—I CHRON. 4:40.*

NOVEMBER 12

## Wednesday

I BLESS MY MONEY WITH THE THOUGHT OF INCREASE, AND I HAVE PLENTY FOR EVERY NEED.

I AM NO longer anxious about finances, for I realize that God is my supply. With my faith centered in the wealth of Spirit I cannot lack any good thing. I do not believe in poverty, and I refuse to agree with those who talk "hard times." I am free from all limitation of mortal thought about quantities and values. My thoughts, words, and acts are ever worthy of God, who has prepared for His children a superabundance of good.

I accept and use the divine ideas that come to me. I give loving and efficient service. I am prompt and honest in all my dealings with others. I abide in the realization of plenty, and the Spirit of opulence prospers me in all that I do.

I bless every bit of money that comes to me with the realization that it is God substance. I use my money freely, wisely, and lovingly for my own good and the good of others, and I always have plenty for every need.

☛ *The living God . . . giveth us richly all things to enjoy.*—I TIM. 6:17 (A. V.).

# Thursday

NOVEMBER 13

I BLESS MY BODY WITH THE THOUGHT OF  
PERFECTION AND UNENDING LIFE.

THE MARVELS of the human body continually excite our wonder and admiration. Every attempt to penetrate and understand the miracle of life brings us back to the certainty of our divine origin. "I will give thanks unto thee; for I am . . . wonderfully made."

Our praise and understanding helps us to cooperate with the divine Spirit that created us and keeps us vitally alive and active. Every time we forget the body as a physical thing and claim our inheritance as a spiritual being, our consciousness is lifted up and we become increasingly aware of the living presence of God in us. When we realize that we live, move, and have our being in God, we do not doubt His activity in our body.

Through prayer, praise, blessing, and meditation we become attuned to the infinite Spirit of all life and energy in the universe, and we attain the ultimate realization that our body is a continuous, harmonious expression of eternal life.

✿ *Know ye not that ye are a temple of God, and that the Spirit of God dwelleth in you?—I COR. 3:16.*

NOVEMBER 14

*Friday*

I BLESS MY EYES WITH THE THOUGHT OF  
STRONG, CLEAR, CHRISTLIKE VISION.

IT is truly significant that many of the miraculous healings of Jesus were healings of blindness. He discerned that imperfect or obscure vision was often the result of spiritual blindness, and He sought by healing one kind of blindness to help His followers overcome the other.

Spiritual understanding enables us to see only that which is true, pure, and Christlike in ourselves, our associates, and the world about us. Spiritualized vision blesses our physical vision, for it literally opens our eyes to behold clearly the beauty and goodness and truth of life.

Today I bless my eyes with the thought of clear, strong, Christlike vision. I look joyously and expectantly upon life, and I am rewarded with only the best that it can give to me. I rejoice that Christ sees through me now and continually in love, compassion, and understanding, and that my perfect sight is forever restored to me.

✿ *For I have appeared unto thee for this purpose . . . To open their eyes, and to turn them from darkness to light.*—ACTS 26:16, 18 (A. V.).

MY HEART IS AN ABIDING PLACE OF DIVINE LOVE. I BLESS MY HEART FOR ITS PERFECT FUNCTIONING.

THE HEART is the most efficient engine known to man; yet there is no one who can explain its lifelong activity. The miraculous cause of its steady, rhythmic beating is glimpsed only in an understanding of the divine power that created it.

We think of the heart as being the love center, and it is therefore phenomenally responsive to the thought of love. The heart is moved by love to forgive freely, unreservedly, to serve others without recompense, to work long and unselfishly for the good of mankind.

I know that the Father who created my heart and made it the abiding place of His love is infinitely able to renew it continually and keep it strong, steadfast, regular. I bless my heart for its constant activity and perfect functioning. I praise God for the love, joy, and compassion He gives to the world through my heart.

✿ *Keep thy heart with all diligence; for out of it are the issues of life.—PROV. 4:23 (A. V.).*



NOVEMBER 16

## Sunday

I GIVE THANKS FOR CHRISTLIKE FAITH,  
KNOWING THAT ALL THINGS ARE POSSIBLE  
TO ME.

JESUS CHRIST was fully aware of His divine sonship, and He did not hesitate to exercise the power that His relationship to God conferred upon Him. He authoritatively healed the sick, comforted the sorrowing, and fed the hungry.

I set Jesus Christ before me today as my example. His way of calm, quiet, unwavering faith shall be my way. I am governed by the same spiritual laws that prevailed in the time of Jesus, and my faith is quickened to equal His.

The responsibility of demonstrating good for myself and for those who need my help rests entirely on me, and I rejoice that my faith is equal to it. I lovingly accept this responsibility and set about proving that all things are possible to me through the Christlike faith I am cultivating and attaining. I too claim my divine sonship and exercise the power and authority that my loving Father has vested in me.

✿ *That life which I now live . . . I live in faith, the faith which is in the Son of God.*—GAL. 2:20.

# Monday

NOVEMBER 17

I BLESS MY MIND AS THE INSTRUMENT OF  
DIVINE INTELLIGENCE, WISDOM, AND IN-  
SPIRATION.

**M**Y MIND is one with the mind of God, the supreme intelligence that planned and created the universe and keeps it moving harmoniously in its orbit. I have access to all the wisdom of the ages, for I am perfectly and eternally in tune with Divine Mind.

I rejoice that my mind is sound, sane, strong, and spiritually alert. The light of Christ shines freely into it and releases it from all darkness, doubt, confusion, and misunderstanding. My thoughts are ever lifted Godward, and my mind is renewed, sustained, and blessed by the substance and inspiration of Divine Mind.

I bless my mind for its faithful and loving receptivity to God ideas. I praise it for its intelligent adaptation and use of all the good thoughts and inspirations that flow into it. I joyously accept and follow the spiritual guidance I receive, and my life is established in peace, love, harmony, and satisfying achievement.

✿ *Let us therefore . . . be thus minded.*—PHIL. 3:15.

I BLESS MY THROAT AS A CENTER OF POWER  
THROUGH WHICH THE LIFE OF GOD FLOWS  
FREELY AND PERFECTLY.

**M**Y DIVINELY appointed purpose is to express God fully, freely, and joyfully. I gladly and unreservedly accept this challenge and strive to express the power and perfection that are mine in Spirit. I let the life of God flow into and through me, releasing me from all tension and fear, relaxing the vocal cords and muscles of my throat, blessing my voice with the love and harmony of Truth. I am free from all thought of limitation in speech, because God speaks His word through me.

I rejoice that Christ in me is in control of my life. I am poised and happy in His peace and love. His presence cleanses, renews, heals, and sustains me in every part of my being. I bless the glands in my throat, my tonsils, tongue, and lips, and they express only the peace, purity, freedom, and harmony of God. His life flows freely and perfectly through me, and my throat is full of power and joy.

♣ *I am full of power by the Spirit.*—MICAH 3:8.

## Wednesday

NOVEMBER 19

I BLESS MY LUNGS AS GOD BREATHES  
THROUGH THEM THE BREATH OF ETERNAL  
LIFE.

“J EHOVAH GOD formed man . . . and breathed into his nostrils the breath of life.” The breath of eternal life is God's gift to His children. When we think of our breathing as the living breath of God moving through us, we know that our lungs are not subject to congestion, obstruction, or limited breathing. The breath of God is pure, full, free, and abundantly life-giving.

Therefore I bless my lungs as a perfect channel for the inflow and outflow of Spirit breath. I am free from all thought of fear, all ideas of undesirable heredity, and all symptoms of weakness or disease in my lungs. I know that God created them whole, sound, and perfect, and that His life continually renews them.

God breathes through me fully and joyously, and I am receptive to His life. I am radiantly alive with the breath of eternal life!

✿ *He himself giveth to all life, and breath.*—ACTS 17:25.

# Class Thoughts

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TO BE USED FROM

*November 20 to December 19*

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The affirmations on this page, known as the Unity Class Thoughts, are composed by Charles Fillmore for the purpose of providing central ideas upon which Truth students everywhere may concentrate during the month. You are invited to use them with Silent Unity not only at the hours specified but whenever you have opportunity.



At 11 a. m. use this thought for

**ILLUMINATION . . .** *Thy Truth is a lamp to my feet and a light on my path.*

At 12 noon use this thought for

**PROSPERITY . . .** *Increasing, multiplying Christ substance is my perpetual prosperity.*

At 9 p. m. use this thought for

**HEALING . . .** *I am steadfast in proclaiming the inner Christ as my harmony and health.*



The lessons on the following three pages are based upon these class thoughts.

# Thursday

NOVEMBER 20

THY TRUTH IS A LAMP TO MY FEET AND A  
LIGHT ON MY PATH.

**M**ANY GREAT spiritual leaders of today unite in affirming positively that the world is going forward through chaotic conditions into a new dispensation. Out of the destruction of the old is being born among men a new conception of God and His universe.

We who are citizens of a world in rebirth do not always find it easy to steer a straight course amid the puzzling conditions with which we sometimes are brought face to face today. Here is a voice urging us to one course of action; here is another urging us to ignore the first and follow an opposite course. What voice speaks true?

It is the voice of the Christ indwelling in us, the voice of eternal Truth. It is the only voice that we can always accept as authority. The words that are spoken to us by this voice are words of light that cleave the darkness before us, and reveal the shining path that is the right way for us to follow.

☛ *Thy word is a lamp unto my feet, and a light unto my path.*—PSALMS 119:105 (A. V.).

NOVEMBER 21

Friday

INCREASING, MULTIPLYING CHRIST SUBSTANCE IS MY PERPETUAL PROSPERITY.

IN THE book *Prosperity* we read: "You are linked with the universal spiritual mind through the Christ mind. It is through the Christ mind that all things come to you . . . Hold that you are . . . one with the all-providing substance and that your prosperity runneth over. As you begin this process of unifying yourself consciously with the inner life and substance, it will begin to well up within you and to overflow into your affairs, so that you will be prosperous."

Christ substance, the substance of God in process of manifestation, is everywhere present. It becomes fully manifest for us to the degree that we lay hold of it with our faith.

We give expression to our faith in Christ substance through affirming a dynamic spiritual truth such as the word for today. Our faith is thus quickened, and the Christ substance at once begins to increase and multiply for us. We are prospered forevermore.

✻ *From the Lord ye shall receive the recompense.*—COL. 3:24.

# Saturday

NOVEMBER 22

I AM STEADFAST IN PROCLAIMING THE INNER CHRIST AS MY HARMONY AND HEALTH.

THE SPIRIT of Christ dwells within me. Through Him I am awakened to perceive that my health is not dependent upon outer circumstance, on climate, environment, or any other factor. The source of my health is God, my Father, and health becomes manifest for me through the Christ who indwells in me.

Because peace of mind and health of body are closely related, I perceive that to have vigorous physical health I must first establish peace in my mind and heart. This I am enabled to do through the loving help of the inner Christ. His harmonizing presence quiets all discord, and harmony is established in all my affairs.

I keep my thought centered upon the idea of the Christ as peace and harmony, and new life and health begins to surge through me. It pervades my whole being. I am renewed in body and mind. I am steadfast in proclaiming the inner Christ as my harmony and health.

✿ *Know ye not . . . that Jesus Christ is in you?*—II COR. 13:5.



NOVEMBER 23

## Sunday

I BLESS MY EARS WITH THE THOUGHT OF  
FREE, JOYOUS, PERFECT HEARING.

**M**ANY TIMES our hearing becomes impaired because of an unconscious desire on our part to escape the unpleasant and disturbing forces in life. We actually hear only what we choose to hear or what we habitually train ourselves to hear.

While our ears are a wonderful instrument through which sound comes to us, we actually hear with our mind. Therefore the cure for deafness or dull hearing resolves itself into the necessity for quickening our interest and attention. The gift of hearing is so precious that we should continually cultivate it, praise it, and give thanks for it. We can and should train ourself to hear without strain even the slightest sound.

Today I bless my ears with the thought of freedom, alertness, and perfect hearing. I am constantly in tune with the harmony, joy, and rhythm of every sound in the universe, and my ears are open to the song of life everywhere.

☛ *Take heed what ye hear . . . and unto you that hear shall more be given.—MARK 4:24 (A. V.).*

# Monday

NOVEMBER 24

I BLESS MY HANDS AS QUICK, OBEDIENT SERVANTS OF THE WILL OF GOD IN ME.

THE MISSION of my hands is to fulfill the will of God, to serve and to bless, to give and to receive. My hands are fashioned to execute the law of divine order and harmony in the universe. They work diligently and lovingly to obey the good will of the Father. Every piece of work I do is blessed by the life, love, peace, and power of God flowing through my hands.

I bless and appreciate my hands for the continuous perfect service they render. They work in unison with my mind and heart to release the mighty volume of love that God is radiating through me to the world. I think of my hands as God's hands, flawless, beautiful, strong, and gracious. I consecrate them wholly to the service of God so that they may carry out His wise and wonderful plans. I rejoice that my hands are trusted emissaries of God, come to establish His kingdom of love and peace in the earth.

• *I will therefore that men pray every where, lifting up holy hands, without wrath and doubting.—I TIM. 2:8 (A. V.).*

NOVEMBER 25

## Tuesday

I BLESS MY FEET AS THEY FAITHFULLY AND  
LOVINGLY FOLLOW THE CHRIST.

**T**HE BLESSED feet of Jesus Christ have made a path for my feet to walk upon. The Truth that He taught lends wings to my feet; His wisdom leads me in the straight and perfect way; His love eases every hard place and makes each step one of joy and achievement.

My feet express perfect life and activity, because the cleansing, soothing, renewing power of the Holy Spirit flows through them, making them strong, whole, and free.

I stand upright and unafraid in the presence of God. The way ahead of me is clear and inviting. My understanding is firm, my foundation in Truth is secure, and my feet are swift and joyous as they proceed upon life's good journey.

I bless my feet with the thought of peace and perfect service as they bear me to and fro on missions of love, kindness, helpfulness, and joy. I go forward with faith, courage, assurance, and swift precision to fulfill the goal of my high calling in Christ Jesus.

✿ *I will make the place of my feet glorious.*—ISA. 60:13.

# Wednesday

NOVEMBER 26

WITH ALL THE LOVE AND POWER OF MY BE-  
ING I THANK GOD FOR MY GOOD LIFE.

**H**OW CAN I ever fail to give thanks for the goodness of one who has already been infinitely good to me? With all the love and power and joy of my being I praise and thank God for my life itself, for all the good things that are mine now, and for forthcoming blessings.

I rejoice exceedingly today in the knowledge that I can never be separated from God and His life, love, wisdom, power, and substance. No matter what arises in my life, I shall unhesitatingly choose to believe that His Spirit is working through every experience to establish good for me. I shall keep every channel of my life open to God by joyously expecting the good, and by giving thanks continually for my blessings.

My gratitude to God is expressed in service to His children. I love those who need love. I encourage those who need courage. I speak a word of life and substance for those who need health and supply. I bless all who need a blessing.

✿ *Offer unto God thanksgiving; and pay thy vows unto the most High.*—PSALMS 50:14 (A. V.).

*Question to God*

MAY BARNES LOVAN

How can my heart give thanks to You  
 For this most gracious year?  
 How can I prove my gratitude  
 For things so poignantly dear?  
 For summer's glow and setting sun  
 And silver stars by night,  
 For the swift, sweet peace of eventide  
 And the courage of morning light;  
 For flowing fields of ripened grain,  
 For autumn's gold and brown,  
 For orchards lush with ruddy fruit  
 Bowing the branches down;  
 For home and work and friends to see,  
 And children's happy play;  
 For Your dear love that holds me close  
 And makes secure my way;  
 For beauty's feast and poet's dream,  
 For true realities,  
 For silent hours to think and pray:  
 How can I give thanks for these?

"Just follow in the path I've shown,  
 Just serve and love and live."  
 Dear God, how small a thing You ask  
 For all the wealth You give!

## Friday

NOVEMBER 28

I BLESS MY VOICE IN THE NAME OF THE CHRIST, AND IT EXPRESSES ONLY HIS LOVE AND POWER.

THE INFLUENCE of speech is almost a greater miracle than the human mechanism that produces it. Speech can be uplifting or depressing, stimulating or discouraging, soul-stirring or chilling. It can give peace to troubled minds and soothe aching hearts, or it can engender grief and distress. It can praise and bless, or it can poison and destroy.

No person has ever realized the importance of a loving voice, uplifting ideas, and constructive speech more than did Jesus Christ.

Today and henceforth I seek to emulate the Christ in thought, word, and deed. I follow the high and worthy ideals of Christian living. I think and speak only strong, courageous, loving words of Truth. I bless and praise my voice as a medium through which Christ's love, tenderness, joy, understanding, and authority are expressed to the world.

✿ *For it is not ye that speak, but the Spirit of your Father that speaketh in you.*—MATT. 10:20.

# Saturday

I BLESS MY STOMACH WITH THE THOUGHT OF DIVINE ORDER AND JOY, AND IT RESPONDS PERFECTLY.

THERE IS no part of the body more responsive to wise, loving treatment than the stomach. It is quickly affected by emotional disturbances; therefore we should strive to avoid worry, anger, condemnation, and all other negative feelings. Thoughts of love, faith, praise, and cheer are a wonderful aid to digestion and assimilation.

Knowing this, I approach my meals in a spirit of quiet gratitude, with a word of thanks to God for my food, and my mind is thus freed by grace to assist my stomach. I then discriminate in choosing my food; I eat it slowly, and enjoy it thoroughly.

I think of all my food as living substance, filled with the life, joy, and sunshine of God. I select with wisdom just what my body needs for its upkeep and renewal. I eat with faith and gladness, and I bless my stomach for its quick, intelligent, joyous co-operation.

✿ *Our inward man is renewed day by day.*—II COR. 4:16.

*Sunday*

NOVEMBER 30

I PRAISE GOD FOR ALL MY BLESSINGS, BOTH  
MANIFEST AND UNMANIFEST.

**M**Y FAITH is the "assurance of *things* hoped for," therefore I give thanks for my good even before my faith brings it into manifestation. Whatever I praise increases immediately and abundantly.

I praise God as the source of my life, and I am transformed from weakness into strength. I praise Him as the Spirit of divine intelligence operating in my mind, and I am guided into righteousness and success. I am grateful for the inspiration that enlightens me, for the love that flows through me toward others. I praise the good, the beautiful, and the true in every man. My thought blesses every person on whom it rests, for I recognize the divinity in him and seek to call it forth.

I praise the rich substance of Spirit that is waiting for me to mold it to the needs and desires of my life. I abide securely in the knowledge of my oneness with God and His eternal goodness.

✿ *I will bless the Lord at all times: His praise shall continually be in my mouth.*—PSALMS 34:1 (A. V.).



## A New Book for Christmas

OUR new book **WHATSOEVER YE SHALL ASK**, in story form, is just right for Christmas giving. It is about Doctor Houston, who gives interviews to persons in need of help, and counsels with them as to the adjustments and attitudes necessary for happiness and growth. The stories are of actual experiences known to the author, Zelia M. Walters. They show how many persons have used Truth to bring love or harmony or prosperity into their life in a way that seemed miraculous to them, and it will help you bring new happiness into your life and affairs.

Your friends will be happy to receive a copy of this book for Christmas. You can give this book to any of your friends, whether they are Truth students or not. It is \$1 in cloth and \$2 in the flexible binding.

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**CHILDREN LOVE BOOKS!** Christmas for children is not complete without books. Books have a double value; they are a part of the delightful surprises and festivities of Christmas day, and they become dearer to the heart of the child with each reading during the long winter days after Christmas.

For boys and girls of ten years or over we suggest **JET'S ADVENTURES**, a story based upon the actual experiences of a real pioneer boy. There are nineteen chapters in the book, which is priced at \$1.

**HOW JIMMY CAME THROUGH** is a story about a boy who won a victory over himself and made his parents proud of him. The book is printed in large type; has pictures in silhouette and attractive covers. For children of ten or over. Price, 50 cents.

For children of six to ten years we suggest **STORY FRIENDS**, a book consisting of four delightful stories. Price, 50 cents.

**UNITY SCHOOL OF CHRISTIANITY**  
917 Tracy, Kansas City, Mo.

## *Blessings Received from the Bank Drill*

"As always the blessings received from the daily drill are far greater than any anticipated. Because my life is made so much more abundant through the use of these banks, I wish to continue with another one and to place my order at the end of the period of drill."

The Bank drill will help you make your life more abundant too as you receive blessings from it. You open the way for blessings to become manifest when you give your attention to God regularly each day and acknowledge Him as the source of your good. If you wish you may send an order now for gift subscriptions for **DAILY WORD** and pay for them when you send in the savings from your Bank. Silent Unity will pray with you as you use the daily drill.

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Unity School of Christianity, 917 Tracy, Kansas City, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Word* for each of the persons here named. I will save \$3 for the subscriptions, which are to begin at once. I ask the prayers of Silent Unity for my success.

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## Greeting Booklets for Christmas

Greeting booklets do more than send a friendly greeting at Christmas; they give a helpful, inspiring message that may be just what your friends or loved ones need.

### A NEW BOOKLET Now Ready

Early helpful and inspiring. It is written by Helen G. Sherry and will make a much-prized gift for any of your friends.

*Are You Getting All You Want from Life?* is the new greeting booklet for Christmas, and it is one that is particu-

### Other Greeting Booklets

HOLY BREAD  
JOY COMETH  
LIFE IS CONSCIOUSNESS  
ONE PERFECT GIFT  
PRAYER OF PRAYERS  
THE CHALLENGE OF THE DAWN  
THE GREAT HELPER  
THE PROTECTING PRESENCE  
THE SONG OF LIFE  
THE TURNING POINT  
THE WAY OF FAITH  
TWENTY-FOUR GOLDEN HOURS  
WHAT CHILD IS THIS?  
WHERE BLESSINGS BEGIN

★ With each booklet comes a holiday envelope ready for mailing and requiring only a one-cent stamp. Order your booklets now so that you will have plenty of time to address and mail them.

They are 10 cents each ... 12 for \$1

*Unity School of Christianity - Kansas City, Mo.*

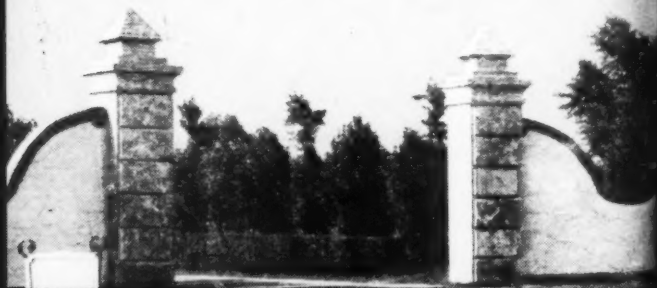
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### *Daily Lessons for November*

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|-----------------------|-----------------------------|
| 1. Power to Bless     | 16. Faith                   |
| 2. Bless God          | 17. Mind: Wisdom            |
| 3. Work: Service      | 18. Throat: Power           |
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| 7. Justice            | 22. Healing                 |
| 8. Affairs: Order     | 23. Ears: Receptivity       |
| 9. Prayer             | 24. Hands: Grace            |
| 10. Today: Newness    | 25. Feet: Courage           |
| 11. Peace: Government | 26. Good Life               |
| 12. Money: Increase   | 27. Thanksgiving            |
| 13. Body: Perfection  | 28. Voice: Words            |
| 14. Eyes: Vision      | 29. Stomach: Discrimination |
| 15. Heart: Love       | 30. Praise                  |



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